











## A COMPILED REVIEW ON THE CONCEPT OF *VISHAGHNA YOGA* “IN TODAY’S SCENARIO”

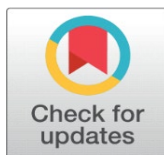
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### ABSTRACT

*Vishagaravairodhika prashamana* or *Agadatantra*, one among the eight branches of *Ayurveda* details on toxins, their effects on body and its treatment. Poison has ten properties namely *Laghu* (Lightness), *Ruksha* (Dryness), *Aashu* (Quick acting), *Vishad* (Nonslimy), *Vyavayi* (Quickly absorbed), *Teekshna* (Sharpness), *Vikasi* (Deranges structure and debilitates functions of *Dosha*, *Dhatu* etc.), *Sookshma* (Minuteness), *Ushna* (Hot) and *Anirdeshya Rasa* (Undefinable taste). Formulations or drugs which act against these properties of poisons or venoms are called as *Vishaghna Yoga*. For the management of toxicity, various *Vishaghna yogas* (Antitoxic formulations) or *Agadas* are mentioned in *Samhitas*. This review article is an attempt to put forth all *Vishaghna yogas* of *Samhita* collectively in one place to overcome toxic effects which are in the form of diseases in human beings.

**Keywords:** *Ayurveda*, Anti Toxic Formulations, *Vishaghna Dravya*, *Agad Tantra*

## 1. INTRODUCTION

The word *Agadtantra* consists of two words *Agada* and *Tantra*. The word *Agada* is derived from *Gada*. *Gada* has two meanings one is *Roga* (Disease) and other is *Visha* (poison). *Agada* is also a synonym to drug. So *Agada* is a drug that conquers disease or poison. *Dravya* (substance) which causes *vishada* (sorrow) is called as *Visha* (poison). *Danshtra chikitsa*, *Agad tantra* and *Vishagarvairodhik prashaman* are synonym of each other. *Danshtra chikitsa* is the sixth branch of *Ayurveda* which mainly deals with *agada* i.e., the medicine with anti-poisonous effects. Gupta (n.d.) The *dravya* which causes *vishaad* (sorrow or depression) is known as *visha*. Shastri (n.d.) Drugs which act against toxic effect of substances are called as *vishghna*. Shastri (n.d.) In present scenario, it is the need of the hour to develop *Ayurvedic* management as a first aid measure. *Ayurveda* literatures are huge treasures of numerous drug formulations. *Agada yogas/Vishaghna kalpa* are the formulations which counteract the deleterious actions of *visha* or poison over the senses and organs. *Agada yoga*, which constitutes *vishaghna mahakashaya* drugs as the major ingredients, meet these very requirements.

## 2. REVIEW OF LITERATURE

### 2.1. VISHGHNA MAHAKASHAYA CONTAINS

- 1) *Haridra* (*Curcuma longa*)
- 2) *Manjishtha* (*Rubia cordifolia*)
- 3) *Suvahaa* (*Pluchea lanceolata*)
- 4) *Sookshamaelaa* (*Elettaria cardamomum*)
- 5) *Paalindee* (*Operculina turpethum*)
- 6) *Chandan* (*Santalum album*)
- 7) *Kataka* (*Strychno spotatorum*)
- 8) *Shireesh* (*Albizzia lebeck*)
- 9) *Sinduvaara* (*Vitex negundo*)
- 10) *Shleshmaataka* (*Cordia dichotoma*)

**Table 1**

**Table 1 Some Agad Preparations and Therapeutic Uses of Vishaghna Mahakashaya Drugs**

S. N.	Drugs	Agad Preparations	Indication
1.	<i>Haridra</i>	<i>Mahaagad</i>	All Types of poisoning
		<i>Sanjivani agad</i>	All Types of poisoning. Shastri, A. (n.d.)
		<i>Rajanyadi agad</i>	Keet visha
		<i>Kumkumadi agad</i>	Shatapadi visha Shastri (n.d.)
		<i>Shireeshadi agad</i>	Insect bite. Shastri (n.d.)
		<i>Padamakadiagad</i>	Keet visha
		<i>Champakad agad</i>	Spider bite Gupta (n.d.)
2.	<i>Manjishtha</i>	<i>Mahaagada</i>	Sarpadamsha
		<i>Rushabha agad</i>	Keet visha. Shastri (n.d.)
		<i>Kahara agad</i>	All Types of poisoning

		<i>Kalyanak ghrita</i>	All Types of poisoning. <a href="#">Shastri (n.d.)</a>
		<i>Champaka agad</i>	Spider bite. <a href="#">Gupta (n.d.)</a>
3.	<i>Ela</i>	<i>Ajeya Ghrita</i>	All Types of poisoning
		<i>Dushivishari agad</i>	<i>Dushi visha</i> . <a href="#">Shastri (n.d.)</a>
		<i>Tarkshya agad</i>	Snake bite
		<i>Rushabh agad</i>	Insect bite <a href="#">Shastri (n.d.)</a>
		<i>Mahasugandhiagad</i>	Scorpion and spider bite <a href="#">Shastri (n.d.)</a>
4.	<i>Palindi</i>	<i>Rushabh agad</i>	Insect bite
		<i>Mahasugandhiagad</i>	Scorpion and spider bite
		<i>Kalyanak ghrita</i>	All Types of poisoning
5.	<i>Chandan</i>	<i>Tarkshya agad</i>	Snake bite
		<i>Rushabh agad</i>	Insect bite
		<i>Ajeya ghrita</i>	All Types of poisoning <a href="#">Shastri (n.d.)</a>
6.	<i>Shirisha</i>	<i>Vanshtwadi agad</i>	Snake-Spider-rat- Insect bite
		<i>Kshara agada</i>	All Types of poisoning
		<i>Himwan agad</i>	Snake bite. <a href="#">Gupta, A. (n.d.)</a>
7.	<i>Sindhuvaar</i>	<i>Mahasugandhiagad</i>	Scorpion and spider bite
		<i>Tarkshya agad</i>	Snake bite
8.	<i>Shleshmatak</i>	<i>Kshara agada</i>	All Types of poisoning

**Vishaghna yogas which are described in *Charak samhita* are shown in following Table:**

**Table 2**

<b>Table 2 Vishaghna Yoga in Charak Samhita Sutrasthana <a href="#">Shastri (1993)</a>, <a href="#">Shastri and Chaturvedi (1993)</a>, <a href="#">Shastri and Chaturvedi (1993)</a>, <a href="#">Shastri and Chaturvedi (1993)</a>, <a href="#">Shastri and Chaturvedi (1993)</a>, <a href="#">Shastri and Chaturvedi (1993)</a>, <a href="#">Shastri and Chaturvedi (1993)</a></b>				
<b>S. N.</b>	<b>Vishaghna Yoga</b>	<b>Indications</b>	<b>Route of Administration</b>	<b>References</b>
1	<i>Mutra varga</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 1/94-97
2	<i>Hastimutra</i>	<i>Visha</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 1/104
3	<i>Vajimutra</i>	<i>Vishaja vikara</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 1/105
4	<i>Vishanashak yawagu</i>	<i>Vishaghni</i> (Antitoxic)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 2/24
5	<i>Shirishadi Lepa</i>	<i>Visha nashak</i> (Antitoxic)	<i>Lepa</i> (Local Application)	<i>Ch.Su.</i> 3/28
6	<i>Vishaghna Mahakashaya</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 4/11
7	<i>Sarpi pana</i>	<i>Visha</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 13/43
8	<i>Shirish</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)/ <i>Lepa</i> (Local Application)	<i>Ch.Su.</i> 25/40
9	<i>Yava</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 27/20
10	<i>Kalashaka</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Su.</i> 27/91

11	<i>Tandulyeek</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	<i>Ch.Su. 27/94-95</i>
12	<i>Kapitha</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	<i>Ch.Su. 27/136-137</i>
13	<i>Phala of Nipa, Shatavhak, Pilu, Trunashunya, Vikangatam, Prachinamalak.</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Su. 27/145</i>
14	<i>Takra</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Su. 27/229</i>
15	<i>Ghrita</i>	<i>Visha</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Su. 27/231</i>
16	<i>Jeerna Ghrita</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Su. 27/233</i>

**Table 3**

**Table 3 Vishaghna Yoga in Charak Samhita Chikitsasthana Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989)**

S. N.	<i>Vishaghna Yoga</i>	Indications	Route of Administration	References
1	<i>Dwitiya brahmya rasayana</i>	Prophylaxis/preventive for <i>vishavikara</i> (poisoning)	<i>Pana</i> (Oral)	<i>Ch.Chi.1/58-61 (Rasayana Adhyaya pratham pad)</i>
2	<i>Haritakyadi yoga</i>	Prophylaxis/preventive for <i>vishavikara</i> (poisoning)	<i>Pana</i> (Oral)	<i>Ch.Chi.1/77 (Rasayana Adhyaya pratham pad)</i>
3	<i>Kalyanak Ghrita</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Chi.9/36-41</i>
4	<i>Siddharthakadi Agada</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral), <i>Anjana</i> (Collyrium), <i>Nasya</i> (Nasal medication), <i>Alepa</i> (External application), <i>Snana</i> (Bath), <i>Udvaartana</i> (Uction)	<i>Ch.Chi.9/69-72</i>
5	<i>Kshargudika</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Chi.12/43-46</i>
6	<i>Patolmuladi Kwath</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Chi.12/53-54</i>
7	<i>Narayana Churna</i>	<i>Damshttra visha</i> (Animate poison), <i>mula visha</i> (Root poison), <i>Garavisha</i> (Concocted poison), <i>Krutrim visha</i> (Artificial poison).	<i>Pana</i> (Oral)	<i>Ch.Chi.13/125-132</i>
8	<i>Snuhikshira Ghruta</i>	<i>Garadosha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Chi.13/138-140</i>
9	<i>Pippalimuladi kshara</i>	<i>Vishavikara</i> (Poisoning) and <i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Chi.15/173-176</i>
10	<i>Yogaraj yoga</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	<i>Ch.Chi.16/81-86</i>
11	<i>Shilajatu vataka</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	<i>Ch.Chi.16/87-92</i>
12	<i>Vamana yoga</i>	First <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi.23/45</i>

13	<i>Virechana yoga</i>	Second <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> 23/45
14	<i>Madhu-Sarpiadi yoga</i>	Second <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/47
15	<i>Ksharagad</i>	Third <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/48
16	<i>Gomayrasadi Yoga</i>	Fourth <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/48
17	<i>Kakanda-Shirish Yoga</i>	Fifth <i>Vishavega</i> (Impulse)	<i>Ashchotana</i> (Eye drop) <i>Anjana</i> (Collyrium) and <i>Nasya</i> (Nasal medication)	<i>Ch.Chi</i> .23/48-49
18	<i>Gopittadi Yoga</i>	Sixth <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/50
19	<i>Palashbeejadi yoga</i> or <i>Vartakadi yoga</i> or <i>Surasadi Gutika</i>	Eighth <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/51-52
20	<i>Kakandadi yoga</i>	<i>Udbandhan</i> (hanging), <i>Visha</i> (poisoning), <i>Jalamruta</i> (drowning)	<i>Nasya</i> (Nasal medication), <i>Lepa</i> for <i>Upadhan karma</i> (Local application on incised scalp), <i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/53
21	<i>Mrutasanjivana Agada</i>	<i>Sarva vishahara</i> (All types of poisoning)	<i>Nasya</i> (Nasal medication), <i>Lepa</i> (Local paste), <i>Dharana</i> (Amulet), <i>Dhuma</i> (Fumigation), <i>Grahana</i> (Keeping at home).	<i>Ch.Chi</i> .23/54-60
22	<i>NataKushta kalka yoga</i>	<i>Vatasthane visha</i> (Poison in the site of Vata)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/62
23	<i>Ghrutamadhupaya mbu yoga</i>	<i>Pittasthane visha</i> (Poison in the site of Pitta)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/62 24
24	<i>Ksharagad</i>	<i>Kaphasthane Visha</i> (Poison in the site of Kapha)	<i>Pana</i> (Oral)	<i>Ch.Chi</i> .23/63
25	<i>Charmakasha kalka</i>	<i>Kaphamargavrodhjanya Visha</i> (Poisoning obstructing the path of Kapha)	<i>Lepa</i> (Local Application)	<i>Ch.chi</i> .23/65-66
26	<i>Katabhimarichyay adi yoga</i>	<i>Kaphamargavrodhjanya Visha</i> (Poisoning obstructing the passage of Kapha)	<i>Pradhaman nasya</i> (Blowing medicated powder in nostrils)	<i>Ch.chi</i> .23/66
27	<i>Mansa prayoga of Chag/Gavya/Mahish/Kukkuta</i>	<i>Visha sankraman /Raktagata Visha</i> (Poison spread in blood)	<i>Lepa</i> (Local Application) on incised scalp	<i>Ch.chi</i> .23/67
28	<i>Vartakuadi yoga</i>	<i>Nasa, Karna, Netra, Jivha, Kantha Avarodh</i> (obstruction in nose, eyes, ear, tongue, and throat) in <i>vishaktata</i> (poisoning)	<i>Nasya</i> (Nasal medication)	<i>Ch.Chi</i> .23/68
29	<i>Daruvyoshadi yoga</i>	<i>Akshiavarodh</i> (distress of eyes) in <i>vishaktata</i> (Poisoning)	<i>Anjana</i> (Collyrium)	<i>Ch.Chi</i> .23/69

30	<i>Gandhahasti Agada</i>	<i>Visha digdhakshata</i> (poisoned arrow injury), <i>Lidha visha</i> (Licking poison), <i>Damshta visha</i> (Animate poison), <i>Pita visha</i> (Poison administered orally)	<i>Lepa</i> (Local application), <i>Anjana</i> (Collyrium)	<i>Ch.Chi.23/70-76</i>
31	<i>Mahagandhasti Agada</i>	<i>Mushika visha</i> (rat poison), <i>Luta visha</i> (spider poison), <i>Pannaga visha</i> (snake bite), <i>Mulavisha</i> (root poison), <i>Kanda visha</i> (tubers poison)	<i>Pana</i> (Oral), <i>Anjana</i> (Collyrium), <i>Lepa</i> (Local paste).	<i>Ch.Chi.23/77-94</i>
32	<i>Rrushabhakadi Agada</i>	<i>Shwasa</i> (dyspnoea), <i>Jwara</i> (fever) – <i>Visha Upadrava</i> (complications) in <i>visharoga</i> (poisoning)	<i>Pana</i> (Oral)	<i>Ch.Chi.23/95</i>
33	<i>Hingawadi Yoga</i>	<i>Upadrava</i> (Complications) in <i>Visharoga</i> (poisoning) like <i>Jwara</i> (fever), <i>Hikka</i> (hiccup), <i>Shwasa</i> (dyspnoea), <i>Kasa</i> (cough)	<i>Pana</i> (Oral)	<i>Ch.Chi.23/96</i>
34	<i>Vamana nashak yoga</i>	<i>Vamana</i> (Vomiting) in <i>Vishavikara</i> (poisoning)	<i>Pana</i> (Oral)	<i>Ch.chi.23/97</i>
35	<i>Hikka nashak yoga</i>	<i>Hikka</i> (hiccup) in <i>Visharoga</i> (poisoning)	<i>Dhumvarti</i> (Smoking sticks), <i>pana</i> (Oral)	<i>Ch.chi.23/97</i>
36	<i>Dhum yoga</i>	<i>Gruha shayana aasan, vastraadi</i> (poison in house, bed, chairs, clothes etc.)	<i>Dhuma</i> (Fumigation)	<i>Ch.chi.23/98-99</i>
37	<i>Dhuma agada</i>	<i>Uraga</i> (snake), <i>Aakhu</i> (rat), <i>Kita</i> (insects), <i>Vastrakrumi</i> (insects in cloths)- <i>Vishaktata</i> (poisoning)	<i>Dhuma</i> (Fumigation)	<i>Ch.Chi.23/99-100</i>
38	<i>Ksharagada</i>	<i>Sarva Visha</i> (All poisons)	<i>Lepa</i> (Local application)	<i>Ch.chi.23/170</i>
39	<i>Khanda Lepa</i>	<i>Vatik visha</i> ( <i>Vatik</i> poisoning)	<i>Lepa</i> (Local application)	<i>Ch.chi.23/170</i>
40	<i>Ghrita pana</i>	<i>Vruchika Visha</i> (scorpion sting)	<i>Pana</i> (Oral)	<i>Ch.chi.23/173</i>
41	<i>Ghrita pana</i>	<i>Ucchiting Visha</i> (scorpion sting)	<i>Pana</i> (Oral)	<i>Ch.chi.23/174</i>
42	<i>Bandhujivadi mula yoga</i>	<i>Shirogata visha</i> (Poison situated in head)	<i>Nasya</i> (Nasal medication)	<i>Ch.chi.23/181</i>
43	<i>Mansaasruga</i> (flesh with blood) of <i>Daksha</i> (cock), <i>Kak</i> (crow), <i>Mayur</i> (peacock)	<i>Adho ardha bhaga dashtajangam visha</i> (Bites in lower half of body)	<i>Lepa</i> (Local paste) on <i>Mastishka</i> (Head)	<i>Ch.chi.23/182</i>

44	<i>Mansaasruga</i> (flesh with blood) of <i>Daksha</i> (cock), <i>Kak</i> (crow), <i>Mayur</i> (peacock)	<i>Urdhwa ardha bhaga dashta</i> ( <i>Jangam visha</i> )	<i>Lepa</i> (Local paste) on <i>pada</i> (Feet)	<i>Ch.chi.23/182</i>
45	<i>Pipallyadi Anjana</i>	<i>Akshigat visha</i> (poison in eyes)	<i>Anjana</i> (Collyrium)	<i>Ch.chi.23/183</i>
46	<i>Kapitthadi yoga</i>	<i>Kanthagata Visha</i> (Poison in throat)	<i>Lehan</i> (Linctus)	<i>Ch.chi.23/184</i>
47	<i>Tagar churnadi yoga</i>	<i>Amashayagata Visha</i> (Poison in stomach)	<i>Lehan</i> (Linctus)	<i>Ch.chi.23/184</i>
48	<i>Pipaliharidradi yoga</i>	<i>Pakwashayagata Visha</i> (Poison in colon)	<i>Pana</i> (Oral)	<i>Ch.chi.23/185</i>
49	<i>Godha Rakta Mansa shushka churnadi Yoga</i>	<i>Rasagat Visha</i> (Poisoning of <i>Rasa</i> )	<i>Pana</i> (Oral)	<i>Ch.chi.23/186</i>
50	<i>Shelormooltwagadi yoga</i>	<i>Raktagat Visha</i> (Poisoning of blood)	<i>Pana</i> (Oral)	<i>Ch.chi.23/187</i>
51	<i>Madhu with khadirarishta and kutaja mula with jal</i>	<i>Mansagat Visha</i> (Poisoning of flesh)	<i>Pana</i> (Oral)	<i>Ch.chi.23/188</i>
52	<i>Baladi yoga</i>	<i>Sarva Visha</i> (All types of poisoning)	<i>Pana</i> (Oral)	<i>Ch.chi.23/188</i>
53	<i>Pipallinagaradi yoga</i>	<i>Kapha pradhan visha</i> (Aggrevation of <i>Kapha</i> )	<i>Pratisarana</i> (Local painting)	<i>Ch.chi.23/189</i>
54	<i>Mansyadi yoga</i>	All types of <i>Visha vikara</i> (poisoning)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication), <i>Anjana</i> (Collyrium), <i>Lepa</i> (Local application)	<i>Ch.chi.23/190-191</i>
55	<i>Chandanadi yoga</i>	<i>Sarva visha</i> (All poisons)	<i>Pana</i> (Oral)	<i>Ch.chi.23/191-192</i>
56	<i>Shirisha pushpa yoga</i>	<i>Sarpa damshta</i> (Snake bite)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication), <i>Anjana</i> (Collyrium)	<i>Ch.chi.23/193</i>
57	<i>Natakushtha yoga</i>	<i>Takshak sarpa damshta</i> (Takshak snake bite)	<i>Pana</i> (Oral)	<i>Ch.chi.23/194-195</i>
58	<i>Sindurvaradi yoga</i>	<i>Darvikar sarpa damshta visha</i> (Darvikar snake bite)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication)	<i>Ch.chi.23/195-196</i>
59	<i>Manjishyadi yoga</i>	<i>Mandali sarpa damshta visha</i> (Mandali snake bite)	<i>Pana</i> (Oral)	<i>Ch.chi.23/196-197</i>
60	<i>Vyoshadi yoga</i>	<i>Rajimant sarpa damshta visha</i> (Rajimant snake bite)	<i>Pana</i> (Oral)	<i>Ch.chi.23/197-198</i>
61	<i>Gruhadhumadi yoga</i>	<i>Wasuki sarpa damshta visha</i> (Wasuki snake bite)	<i>Pana</i> (Oral)	<i>Ch.chi.23/198-199</i>
62	<i>Kshirivruksha twagadi yoga</i>	<i>kita visha</i> (insect bites) of all types	<i>Lepa</i> (Local application)	<i>Ch.chi.23/199-200</i>

63	<i>Chandanapadmaka di yoga</i>	<i>All Luta Visha (spider poison)</i>	<i>Pana (Oral), Nasya (Nasal medication), Anjana (Collyrium), Lepa (Local application)</i>	Ch.chi.23/201
64	<i>Madhukadi yoga</i>	<i>Luta visha (spider poison)</i>	<i>Pana (Oral)</i>	Ch.chi.23/202
65	<i>Kusumbhapushpadi yoga</i>	<i>Karnika / Mansankura in Kita and Luta visha (Growth at local site of bite of insect or spider)</i>	<i>Lepa (Local application)</i>	Ch.chi.23/203
66	<i>Katabhyadi yoga</i>	<i>Kita and Luta damshajanya vrana (wound due to insect and spider bite)</i>	<i>Pana (Oral), Lepa (Local application)</i>	Ch.chi.23/204
67	<i>Twachanagar yoga</i>	<i>Mushaka visha (Rat bite)</i>	<i>Pana (Oral)</i>	Ch.chi.23/205
68	<i>Kutajadi yoga</i>	<i>Vruchika (Scorpion sting), Luta (spider bite), Mushika (Rat bite), Sarpa (snake bite) and Garavisha (concocted poison)</i>	<i>Pradhaman Nasya (Blowing of powder in nostrils), Pana (Oral)</i>	Ch.chi.23/206-207
69	<i>Kapotvitadi yoga</i>	<i>Vruchika visha (Scorpion sting)</i>	<i>Lepa (Local application)</i>	Ch.chi.23/208-209
70	<i>Shirishaphaladi yoga</i>	<i>Dardureavisha (Frog poisoning)</i>	<i>Lepa (Local application)</i>	Ch.chi.23/209
71	<i>Shwetabhandi yoga</i>	<i>Matsyavisha (Fish poisoning)</i>	<i>Lepa (Local application)</i>	Ch.chi.23/210
72	<i>Param Agada (Vachadi yoga)</i>	<i>Vishwambharadi damshta (Insect bite like Vishwambhara)</i>	<i>Nasya (Nasal medication), Anjana (Collyrium), Lepa (Local application)</i>	Ch.chi.23/212-214
73	<i>Swarjikadi yoga</i>	<i>Shatapadi visha (Centipede poisoning)</i>	<i>Nasya (Nasal medication), Anjana (collyrium), Lepa (Local application), Pana (Oral)</i>	Ch.chi.23/215
74	<i>Kapitthadi yoga</i>	<i>Gruhagodha visha (House lizard poisoning)</i>	<i>Lepa (Local application)</i>	Ch.chi.23/216
75	<i>Kakandadi yoga</i>	<i>Visha (Poison)</i>	<i>Pana (Oral), Lepa (Local application)</i>	Ch.chi.23/217
76	<i>Panchashirisha Agada</i>	<i>Visha (Poison)</i>	<i>Pana (Oral), Lepa (Local application)</i>	Ch.chi.23/218
77	<i>Somavalkadi yoga</i>	<i>Nakha danta kshata visha (Nail, Teeth bite wound)</i>	<i>Lepa (Local application)</i>	Ch.chi.23/220
78	<i>Sitadi yoga</i>	<i>Shanka visha (Suspicion poisoning)</i>	<i>Pana (Oral)</i>	Ch.chi.23/222-223
79	<i>Devadarvadi yoga</i>	<i>Chatushpada Damshtanam (Quadrapped bitten by some poisonous animals)</i>	<i>Pana (Oral), Nasya (Nasal medication), Anjana (Collyrium), Leha (Linctus).</i>	Ch.chi.23/231-232
80	<i>Tamrachurna &amp; Madhu</i>	<i>For Vamana in Garavisha (For emesis in concocted poison)</i>	<i>Pana (Oral)</i>	Ch.chi.23/239



81	<i>Hemachurna yoga</i>	<i>Sarva visha (all poison), Gara visha (concocted poison).</i>	<i>Pana (Oral)</i>	Ch.chi.23/240
82	<i>Nagdantyadi ghrita</i>	<i>Sarpa visha (Snake bite), Kita visha (Insect bite), Garavisha (Concocted poison)</i>	<i>Pana (Oral)</i>	Ch.chi.23/241-242
83	<i>Amruta ghrita</i>	<i>Sarva visha (all types of poison), Garavisha (Concocted poison), Visha Udbandhana mruta (revives the person almost dead due to poisoning and hanging)</i>	<i>Pana (Oral), Abhyanga (Gentle massage), Nasya (Nasal medication)</i>	Ch.chi.23/242-249

**Table 4**

<b>Table 4 Vishaghna Yoga in Charaka Samhita Kalpasthana Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989), Shastri and Chaturvedi (1989)</b>				
<b>S.N.</b>	<b>Vishaghna Yoga</b>	<b>Indications</b>	<b>Route of Administration</b>	<b>References</b>
1	<i>Ishwaku yoga</i>	<i>For vama in vishavikara (Emesis in poisoning)</i>	<i>Pana (Oral)</i>	Ch.Ka.3/4
2	<i>Ishwaku kshira</i>	<i>Vishavikara (Poisoning)</i>	<i>Pana (Oral)</i>	Ch.Ka.3/9-10
3	<i>Ishwaku phala majja with dadhimanda or takra</i>	<i>Vishavikara (Poisoning)</i>	<i>Pana (Oral)</i>	Ch.Ka.3/10-11
4	<i>Dhamargava (phala, pushpa, praval)</i>	<i>Garavisha (Concocted poison)</i>	<i>Pana (Oral)</i>	Ch.Ka.4/4-5
5	<i>Dhamargava yoga</i>	<i>Vishanashaka (All types of poison)</i>	<i>Pana (Oral)</i>	Ch.Ka.4/15
6	<i>Krutavedhana yoga</i>	<i>Garavisha (Concocted poison)</i>	<i>Pana (Oral)</i>	Ch.Ka.6/4
7	<i>Vyoshadi gutika</i>	<i>Vishanashaka (All types of poison)</i>	<i>Pana (Oral)</i>	Ch.Ka.7/46-49
8	<i>Snuhi yoga</i>	<i>Dushivisha (Denatured/Latent poison)</i>	<i>Pana (Oral)</i>	Ch.Ka.10/5-6
9	<i>Saptala shankhini yoga</i>	<i>Garavisha (Concocted poison)</i>	<i>Pana (Oral)</i>	Ch.Ka.11/4-5

## **2.2. SUSHRUTACHARYA HAS MENTIONED 95 VISHAGHNA DRAVYA IN DIFFERENT GANA (GROUP) LIKE**

Aaragwadhadi Gana [Shastri and Chaturvedi \(1993\)](#),  
 Rodhradi Gana [Shastri \(n.d.\)](#),  
 Arkadi Gana [Shastri \(n.d.\)](#),  
 Shyamadi Gana [Shastri and Chaturvedi \(1993\)](#),  
 Patoladi gana [Gupta \(n.d.\)](#),  
 Anjanadi Gana [Shastri \(n.d.\)](#),  
 Utpaladi gana [Gupta \(n.d.\)](#),

Trapvadi Gana [Gupta \(n.d.\)](#)

in the chapter 38, *Dravyasamgrahaniya* of *Sootrasthana*. [Yadav \(2017\)](#) Twenty antitoxic drugs are also mentioned in *Ekasara Gana* in *Sushruta Samhita*. [Yadav \(2017\)](#)

### **2.3. ASHTANGHRIDAYA DESCRIBES 104 VISHAGHNA DRAVYA WHICH ARE LISTED IN GANA LIKE PARADAKARA (2016)**

Anjanadi Gana [Shastri \(n.d.\)](#),

Patoladi Gana [Shastri \(n.d.\)](#),

Aaragwadhadi Gana [Shastri and Chaturvedi \(1993\)](#),

Rodhradi Gana [Shastri \(n.d.\)](#),

Arkadi Gana [Shastri \(n.d.\)](#),

Eladi Gana [Shastri and Chaturvedi \(1989\)](#)

Shyamadi Gana [Shastri and Chaturvedi \(1993\)](#)

These antitoxic drugs can be used singularly or in combination with other drugs mentioned in that specific *Gana*.

## **3. DISCUSSION**

There are many *Agada yogas* which if properly prepared can act as *Rasayana* (rejuvenates) and *Prativisha* (Antidote). The *Agada yogas* which are having *Ushna* (hot potency), *Teekshna* and *Vyavayi* (quick spreading) properties will help in the removal of diseases and *visha* from the body. These *Yogas* act faster mainly, because of its *vishaghana* ingredient and *Prabhava* (exclusive). Most of the references of *Vishaghna yogas* are from *Vishachikitsa adhyaya* of *Chikitsasthana* of *Charak samhita*. In other chapters of *Chikitsasthana* some references of *Vishaghna yogas*, helpful in treatment of poisoning are also found. *Kalpasthanana* of *Charaka Samhita* describes various *yogas* or formulations which are used in *shodhana chikitsa* of the human body. *Vamana* and *Virechana yogas* useful in treatment of poisoning are described in *Kalpasthanana*. *Vishaghna Mahakashaya* is one of the fifty *Mahakashayas*, described in *sutrasthanana* of *Charaka Samhita*. All ten drugs in *Vishaghna mahakashaya* are used singularly or in various combination for the management of poisonings. Some *Aahariya dravya* (food/diet) viz. *Yava* (Barley), *Tanduleeyaka* (*Amaranthus tricolor* Linn.), *Takra* (Butter milk), *Ghrita* (Ghee), *Jeerna Ghrita* (old Ghee) etc. are mentioned in *Sutrasthanana* as *Vishaghna* (Antitoxic).

## **4. CONCLUSION**

The *kalpa/ Agada* described in various classical text are very useful in *Visha Chikitsa* as well as in the *Kaya Chikitsa* disease. These drugs are not confined only into the treatment of poisoning. They are also useful in the treatment of various systemic disease and complication due to poisoning or insect, snake, and other poisonous bite. Also, the routes of administration of these formulations are mentioned very specifically. In this review article, all these *Vishaghna yogas* are assembled at one place systematically with all the indications, routes of administrations and references. Hence, it becomes easy to refer these formulations at a glance. In day-to-day life, knowingly or unknowingly Human beings are exposed to lots of chemicals or toxins. These chemicals or toxins cause direct or indirect harm to human body. Hence, these are very useful drugs in this modern era where the

life is very fast. So, more study/experiment is needed for the development of new *Agada yoga* (drugs composition).

### **CONFLICT OF INTERESTS**

None.

### **ACKNOWLEDGMENTS**

None.

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