VIOLENCE, DISCRIMINATION, AND LACK OF LEGAL PROTECTIONS: A COMPARATIVE STUDY OF TRANSGENDER COMMUNITIES IN INDIA AND AMERICA

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ABSTRACT

Transgender communities worldwide face multifaceted challenges, including high rates of violence, systemic discrimination, and inadequate legal protections. This paper explores these issues within two distinct socio-legal contexts: India and the United States. By examining both historical and contemporary factors, it highlights how deeply ingrained biases, institutional failures, and inadequate legal frameworks perpetuate the marginalization of transgender individuals. The paper further compares the evolving legal landscapes in India and America, emphasizing the successes, shortcomings, and areas needing urgent reform. Drawing on existing literature, policy analysis, and grassroots activism, it concludes with recommendations for policymakers, advocacy groups, and researchers to foster a more inclusive and equitable environment for transgender communities in both nations.

1. INTRODUCTION

Transgender individuals—those whose gender identity differs from the sex they were assigned at birth—are among the most marginalized groups worldwide. While discussions on gender identity have become more mainstream in recent years, the challenges faced by transgender communities are far from resolved. In many parts of the world, transgender individuals encounter violence, discrimination, and legal impediments that limit their access to education, healthcare, employment, and social services (Stryker 12). India and the United States, despite having diverse cultural, political, and legal frameworks, share a common thread: transgender populations in both countries continue to grapple with significant adversity.

In India, the transgender community—historically recognized under various culturally specific identities such as **Hijra**, **Kinnar**, or **Aravani**—has existed for centuries (Nanda 19). They have been part of religious and cultural traditions, yet they face systemic barriers. The Supreme Court of India's landmark 2014 judgment in *National Legal Services Authority v. Union of India* recognized transgender individuals as a "third gender," providing them with certain

constitutional protections (Reddy 201). However, the implementation of these directives remains inconsistent, and prejudice in society persists.

In the United States, the transgender rights movement gained significant momentum with the Stonewall Riots in 1969, led by prominent transgender activists of color such as Marsha P. Johnson and Sylvia Rivera (Stryker 45). Despite the increasing visibility of transgender individuals in media and popular culture, the community remains subject to discrimination, violence, and legislative attacks, particularly at the state level (James et al. 9). Federal protections, while improved during certain administrations, have seen fluctuations depending on political leadership, leaving transgender individuals vulnerable to policy rollbacks.

This paper aims to explore the nature and extent of violence, discrimination, and legal protections (or lack thereof) faced by transgender communities in both India and the United States. By adopting a comparative perspective, this study will examine how sociocultural norms, historical contexts, and legal frameworks influence the experiences of transgender individuals. The paper will also identify gaps in policy implementation and advocate for more comprehensive legal protections and social reforms.

The central thesis of this research is that despite differing historical trajectories and cultural contexts, transgender communities in India and the United States endure comparable forms of oppression, often rooted in heteronormative social constructs. Through analyzing these parallels, the paper argues that meaningful change requires both robust legal reform and shifts in societal attitudes. Ultimately, understanding these commonalities can foster a more unified global movement for transgender rights and well-being.

2. HISTORICAL CONTEXT

2.1. HISTORICAL OVERVIEW IN INDIA

The presence of transgender individuals in India dates back centuries, with historical and mythological references highlighting their cultural significance. Texts such as the *Mahabharata* and *Ramayana* contain narratives featuring gender fluidity, illustrating how transgender and gender-nonconforming individuals were not only recognized but sometimes revered (Nanda 22). In the Mughal era, transgender people, particularly **Hijras**, held influential positions in royal courts (Hinchy 56). They were entrusted with safeguarding harems and often played significant roles in political and administrative affairs.

However, with the advent of British colonial rule, attitudes toward transgender identities shifted dramatically. Victorian-era morality criminalized gender nonconformity, culminating in the Criminal Tribes Act of 1871, which included **Hijras** as a "criminal tribe" (Reddy 198). This label facilitated increased policing, social exclusion, and stigmatization that continued well into post-independence India. While modern-day India has taken steps to recognize the transgender community legally, the legacy of colonial-era prejudice endures in societal attitudes and systemic structures (Nanda 28).

2.2. HISTORICAL OVERVIEW IN THE UNITED STATES

In the United States, indigenous communities had diverse understandings of gender that extended beyond the male-female binary. Terms like "Two-Spirit" among certain Native American tribes illustrate that transgender or gender-fluid identities existed long before European colonization (Roscoe 17). However, European settlers imposed rigid gender binaries, aligning with Christian doctrinal views that vilified nonconforming genders and sexualities.

The early 20th century in the United States saw transgender individuals forced to live in secrecy or risk imprisonment under cross-dressing laws (Stryker 31). It wasn't until the mid-20th century, with Christine Jorgensen's publicized transition in the 1950s, that transgender issues entered mainstream consciousness. The 1960s and 1970s marked the emergence of organized transgender activism, with events like the Compton's Cafeteria Riot (1966) in San Francisco and the Stonewall Riots (1969) in New York (Meyerowitz 89). These uprisings were watershed moments, pushing transgender rights to the forefront of broader LGBTQ+ movements.

Despite this progress, transgender communities remained largely sidelined within the broader LGBTQ+ rights movement, which often focused on the interests of cisgender gay and lesbian individuals (Stryker 47). Legal victories, such as the decriminalization of homosexuality, did not automatically translate into protections for transgender people.

Only in the last two decades has there been a more pronounced focus on transgender-specific issues, including healthcare access, employment discrimination, and the right to legally change one's gender marker (James et al. 5).

2.3. COMPARATIVE HISTORICAL INSIGHTS

Both India and the United States have histories that exhibit periods of recognition and acceptance of gender nonconformity, followed by eras of harsh repression. Colonial and Western religious influences in both regions imposed restrictive gender binaries and moral frameworks that marginalized transgender identities. Understanding these historical trajectories is essential for contextualizing contemporary forms of violence, discrimination, and legal barriers faced by transgender communities. It also underscores that legal reforms, while necessary, cannot alone dismantle centuries of ingrained prejudice.

3. VIOLENCE FACED BY TRANSGENDER COMMUNITIES

Violence against transgender individuals manifests in multiple forms, including physical, sexual, and psychological violence. The severity of this violence is often compounded by intersecting factors such as race, class, caste, and geographic location (Bettcher 182). This section delves into the nature of violence in both India and the United States, emphasizing its systemic and pervasive qualities.

3.1. PHYSICAL VIOLENCE

Physical violence against transgender individuals is a global phenomenon. In India, hate crimes against **Hijras** and other transgender individuals frequently go unreported due to fear of reprisal, lack of trust in law enforcement, and societal stigma (UNDP 15). A study conducted in several Indian states revealed that transgender individuals were often attacked in public spaces, sometimes by groups who believed that violence against them would go unpunished (Reddy 210). Police brutality further exacerbates the situation, as transgender individuals may be subject to extortion, sexual assault, or arbitrary detention.

In the United States, physical violence against transgender people—particularly transgender women of color—is alarmingly high (James et al. 87). The Federal Bureau of Investigation (FBI) categorizes these offenses under hate crimes, but advocacy groups argue that the official data grossly underestimates the real scope of violence (National Coalition of Anti-Violence Programs 14). According to the Human Rights Campaign, 2021 and 2022 were among the deadliest years for transgender people, with many cases involving brutal attacks that resulted in fatalities (Human Rights Campaign, "Fatal Violence").

3.2. SEXUAL VIOLENCE

Sexual violence is another critical concern. Transgender individuals are disproportionately targeted, with perpetrators often feeling emboldened by societal stigma that paints transgender bodies as "deviant" or "undeserving" of protection (Bettcher 179). In India, the lack of clear legal provisions against sexual assault on transgender bodies means that many survivors do not receive justice or support (Reddy 213). While India's Criminal Law (Amendment) Act, 2013, introduced specific provisions for sexual violence, it did not adequately address the unique vulnerabilities of transgender survivors (Rao 92).

In the United States, transgender individuals, especially those engaged in survival sex work due to employment discrimination, face elevated risks of sexual violence (Stotzer 172). Many fear reporting such incidents because of potential mistreatment by law enforcement or the judicial system. Transgender prisoners are also at heightened risk, often placed in facilities based on their assigned sex at birth rather than their gender identity, exposing them to sexual assault (James et al. 94).

3.3. PSYCHOLOGICAL VIOLENCE

Psychological violence, including bullying, verbal harassment, and online abuse, is pervasive in both societies. The stigmatization of transgender identities often begins in childhood, where transgender youth may face bullying in schools (Grant et al. 62). In India, transgender children may be forced to leave their homes due to family pressure, leading to homelessness and further marginalization (Nanda 40). The sense of isolation and constant fear of harassment contributes to elevated rates of mental health issues among transgender individuals, including depression, anxiety, and suicidal ideation (UNDP 20).

In the United States, the Trevor Project reports that a significant percentage of transgender youth consider suicide due to bullying and lack of family support (The Trevor Project 2021). Even in professional and academic settings, microaggressions and misgendering contribute to an environment of psychological harm (Nadal 237). Media narratives can either reinforce negative stereotypes or serve as a platform for positive representation; however, sensationalist coverage often perpetuates harmful tropes (Capuzza and Spencer 210).

3.4. HATE CRIMES AND UNDERREPORTING

One of the critical issues in both India and the United States is the underreporting of hate crimes against transgender individuals. Societal stigma, combined with distrust of law enforcement, means that many victims do not come forward (National Coalition of Anti-Violence Programs 17). In India, police stations are often not equipped or trained to handle complaints from transgender individuals sensitively, leading to secondary victimization (Reddy 215). In the United States, the fear of retribution and the complex legal processes involved in proving a crime was motivated by transphobia discourage many from reporting.

Moreover, the intersectionality of identities—such as being transgender and Dalit in India, or transgender and Black in the United States—further increases vulnerability to violence. Individuals at these intersections are more likely to experience police brutality, employment discrimination, and socioeconomic disadvantages, all of which compound their risk of violence (Collins 33). Ultimately, the systemic nature of violence against transgender individuals is rooted in societal norms that devalue their lives, and legal systems that fail to offer them adequate protection.

4. DISCRIMINATION FACED BY TRANSGENDER COMMUNITIES

Beyond overt acts of violence, discrimination in everyday life profoundly impacts the well-being of transgender individuals. This discrimination spans multiple spheres, including healthcare, education, employment, and broader social interactions.

4.1. HEALTHCARE DISCRIMINATION

In India, transgender individuals often face healthcare discrimination in both public and private facilities. Many report being denied treatment or receiving substandard care due to prejudice among medical professionals (UNDP 18). Gender-affirming procedures, hormone therapy, and mental health services are frequently inaccessible or unaffordable. The Transgender Persons (Protection of Rights) Act, 2019, in India mentions provisions for healthcare but lacks robust implementation mechanisms (Rao 95). As a result, many transgender individuals resort to unregulated, potentially unsafe medical interventions.

In the United States, the situation varies widely by state. While some states have laws mandating coverage for gender-affirming healthcare, others have attempted to pass legislation excluding such care from insurance coverage (Lambda Legal). Transgender individuals often face harassment or misgendering by medical staff, leading to avoidance of necessary healthcare. Additionally, high costs and limited insurance coverage remain significant barriers, particularly for those from lower socioeconomic backgrounds (James et al. 57).

4.2. EDUCATIONAL DISCRIMINATION

Education is a fundamental right, yet transgender students in both India and the United States encounter systemic discrimination that impedes their academic success. In India, schools generally lack policies to accommodate transgender students, including restroom facilities, uniforms, or name changes on official documents (Nanda 45). Bullying and harassment from peers and even teachers contribute to high dropout rates. Some states and educational boards are beginning to consider inclusive curricula, but progress is slow and inconsistent.

In the United States, controversies around transgender students' access to bathrooms matching their gender identity have sparked national debates (GLSEN 23). While some school districts have adopted inclusive policies, others have passed legislation explicitly prohibiting transgender students from using facilities corresponding to their identity. Bullying and a lack of supportive school environments contribute to higher absenteeism and dropout rates among transgender youth (Kosciw et al. 54). Discriminatory practices in education not only hamper academic performance but also negatively affect mental health and future employment prospects.

4.3. EMPLOYMENT DISCRIMINATION

Employment discrimination is a pervasive issue. In India, transgender individuals often resort to begging or sex work because mainstream employment opportunities are scarce (Reddy 220). Although the Supreme Court of India's 2014 ruling recognized transgender individuals as a third gender and mandated reservations in educational institutions and public sector jobs, the implementation has been limited. Many employers remain reluctant to hire transgender individuals due to societal biases, and those who are employed often face workplace harassment.

In the United States, legal protections against employment discrimination based on gender identity have evolved over time. In the landmark 2020 decision *Bostock v. Clayton County*, the Supreme Court ruled that workplace discrimination against LGBTQ+ individuals is prohibited under Title VII of the Civil Rights Act of 1964 (Liptak). Despite this ruling, discrimination persists in practice, and many transgender individuals face hostile work environments or are passed over for promotions due to their identity (James et al. 65). Moreover, smaller employers and certain states continue to push back against federal guidelines, leading to inconsistent enforcement of anti-discrimination laws.

4.4. SOCIAL DISCRIMINATION AND STIGMA

Social discrimination transcends institutional barriers, affecting transgender individuals in everyday life. Family rejection is common in both India and the United States, leading many transgender individuals to experience homelessness, particularly in their youth (Grant et al. 29; Nanda 42). In India, transgender individuals may form "houses" or "gharanas" as alternative support systems, but these communities often lack formal legal recognition, making them vulnerable to police raids and eviction (Reddy 225).

In the United States, social stigma may manifest through microaggressions, misgendering, and exclusion from community events (Nadal 240). Transgender individuals also face discrimination in housing, often being denied leases or facing eviction when their transgender status becomes known (National Center for Transgender Equality). This widespread stigma is deeply rooted in binary notions of gender, perpetuated by media misrepresentation and a lack of public awareness about transgender experiences.

5. LACK OF LEGAL PROTECTIONS

While legislation exists in both India and the United States that aims to protect transgender individuals, these laws often fall short in terms of scope, implementation, or enforcement.

5.1. LEGAL FRAMEWORKS IN INDIA

India's primary legal document for transgender rights is the Transgender Persons (Protection of Rights) Act, 2019, which followed the Supreme Court's 2014 *NALSA* judgment (Reddy 230). The Act stipulates the prohibition of discrimination in education, healthcare, and employment, and outlines procedures for obtaining a transgender identity

certificate. Critics argue that the Act is flawed because it requires individuals to undergo a screening process for identity verification, undermining the principle of self-identification (Sampoorna Working Group).

Moreover, the law lacks clarity on enforcement mechanisms. Although it criminalizes certain acts of discrimination and abuse, the penalties are often weak, and legal proceedings are cumbersome. As a result, many transgender individuals do not seek legal recourse, either due to mistrust in the judicial system or lack of financial resources (Rao 99). Local-level implementation is inconsistent, with some states offering more robust support than others.

5.2. LEGAL FRAMEWORKS IN THE UNITED STATES

In the United States, legal protections for transgender individuals largely hinge on interpretations of existing civil rights laws. Title VII of the Civil Rights Act of 1964, interpreted through the Supreme Court's decision in *Bostock v. Clayton County* (2020), extends workplace protections to transgender employees. However, this federal ruling does not automatically translate into comprehensive protections in areas like housing, education, and public accommodations, which often fall under state or local jurisdiction (Lambda Legal).

The patchwork nature of U.S. federalism means that transgender rights can vary dramatically from one state to another. Some states have enacted broad anti-discrimination laws covering gender identity, while others have passed restrictive measures banning transgender athletes from participating in sports or limiting access to gender-affirming healthcare for minors (Movement Advancement Project). At the federal level, the Equality Act—a bill aimed at providing comprehensive protections against discrimination based on sexual orientation and gender identity—remains stalled in Congress (Human Rights Campaign, "Equality Act").

5.3. IMPLEMENTATION ISSUES

Even where legal protections exist, they are often undermined by inadequate enforcement and resource constraints. Police, social workers, and government officials may lack the training or willingness to uphold transgender rights (Reddy 240; James et al. 69). In India, corruption and bureaucratic inefficiencies further hamper the enforcement of transgender-inclusive policies, especially in rural regions. Meanwhile, in the United States, local law enforcement agencies may not prioritize hate crimes against transgender individuals, leading to low arrest and conviction rates (National Coalition of Anti-Violence Programs 19).

The challenges extend to the judiciary. Judges may hold personal biases that influence their interpretation of laws, and transgender plaintiffs may struggle to find legal representation well-versed in transgender issues. These systemic gaps reinforce the marginalization of transgender individuals, deterring them from seeking justice when their rights are violated (Grant et al. 37).

6. IMPACT ON THE LIVES OF TRANSGENDER INDIVIDUALS

The cumulative effect of violence, discrimination, and inadequate legal protections is profound. Transgender individuals in both India and the United States experience disproportionately high rates of poverty, homelessness, and poor mental and physical health (James et al. 101). Due to family rejection and bullying, transgender youth often drop out of school, limiting their employment prospects and perpetuating cycles of poverty (Nanda 44). This vulnerability is exacerbated by social exclusion, which can manifest in everyday interactions, from being denied service in public establishments to experiencing harassment in public spaces.

Mental health issues, including depression, anxiety, and suicidal ideation, are prevalent in transgender communities (Grant et al. 40). The constant threat of violence and social ostracization, combined with barriers to accessing genderaffirming healthcare, creates a precarious situation for many. Substance abuse may also become a coping mechanism for those lacking social support (Bockting 51).

In India, the stigma is compounded by the caste system and religious communalism. Transgender individuals from lower castes face additional layers of discrimination, while those belonging to religious minorities may also experience communal violence (Collins 33). In the United States, racism intersects with transphobia to produce especially high rates of violence against Black and Latinx transgender women (James et al. 103). These overlapping forms of oppression highlight the necessity of an intersectional approach to advocacy and policy-making.

Despite these challenges, resilience is evident. Community-based organizations in both countries provide essential support, including healthcare services, legal aid, and crisis intervention. Online platforms and social media have also emerged as spaces where transgender individuals can find solidarity, share information, and mobilize for collective action (Capuzza and Spencer 208). Nonetheless, without systemic changes in law, policy, and public attitudes, the lived experiences of transgender people will remain fraught with danger and inequality.

7. COMPARISON: INDIA VS. THE UNITED STATES

When comparing India and the United States, it becomes evident that both nations struggle to adequately protect transgender individuals from violence and discrimination. While the cultural and historical contexts differ, similar patterns of marginalization persist. In India, centuries-old traditions acknowledging transgender identities exist in tension with colonial-era moral frameworks that criminalized and stigmatized non-binary gender expressions (Nanda 27). Meanwhile, the United States grapples with a legacy of Puritanical gender norms and ongoing political polarization surrounding LGBTQ+ rights (Stryker 73).

Legal frameworks in both countries have seen progress. India's Supreme Court rulings and subsequent legislation have set important precedents, but implementation is uneven. In the United States, the Supreme Court's interpretation of Title VII provides federal-level workplace protections, yet many gaps remain in housing, healthcare, and education (Liptak). Moreover, the political will to enforce or expand these protections varies by state, reflecting broader ideological divides.

A key difference lies in the role of civil society. India's transgender community often relies on **Hijra** and other cultural networks for social support, which can serve as a double-edged sword—while offering a sense of belonging, these networks also face social and economic marginalization (Reddy 245). In the United States, advocacy groups and non-profits play a significant role in advancing transgender rights through litigation, lobbying, and public awareness campaigns (Human Rights Campaign, "Transgender"). However, funding and resources are often concentrated in urban centers, leaving rural transgender populations underserved.

Despite these distinctions, both countries demonstrate that legal recognition alone is insufficient. Deeply rooted societal biases require targeted educational initiatives, media representation, and community engagement to challenge stigmatizing beliefs (Nadal 241). The role of intersectionality is critical in both contexts; transgender individuals from marginalized racial, caste, or religious backgrounds face compounded discrimination, underscoring the need for multilayered policy interventions (Collins 37).

8. ACTIVISM, ADVOCACY, AND SOCIAL CHANGE

8.1. GRASSROOTS MOVEMENTS

Grassroots movements play a pivotal role in advocating for transgender rights in both India and the United States. In India, collectives such as the **Hijra** community and non-profit organizations have mobilized to demand better healthcare, legal reforms, and social acceptance (Reddy 250). Their activism led to landmark legal victories, including the 2014 *NALSA* judgment, and continues to influence public discourse on transgender rights. Localized community centers offer vocational training and mental health support, serving as lifelines for those ostracized by their families.

In the United States, organizations like the National Center for Transgender Equality, the Human Rights Campaign, and the Sylvia Rivera Law Project have championed policy reforms, legal representation, and public awareness campaigns (Stryker 99). Grassroots activism often involves lobbying at the state and local levels, organizing pride events, and providing legal and healthcare resources. The Black Trans Advocacy Coalition, for example, focuses on the specific needs of Black transgender individuals, illustrating the importance of intersectional advocacy (Collins 40).

8.2. ROLE OF MEDIA AND TECHNOLOGY

Media representation of transgender individuals has improved in recent years, though it remains fraught with stereotypes and sensationalism (Capuzza and Spencer 206). In India, films like *Super Deluxe* (2019) and documentaries on **Hijra** communities have sparked conversations about transgender rights (Rao 101). Social media platforms like

Twitter and Instagram enable transgender activists to bypass traditional media gatekeepers, share personal narratives, and organize digitally.

In the United States, television shows such as *Pose* and *Transparent* have brought transgender stories to mainstream audiences, challenging misconceptions and humanizing transgender experiences (GLAAD). Online campaigns like #TransIsBeautiful have helped foster solidarity and self-acceptance within the community (Mock). However, increased visibility can also invite backlash, as seen in the surge of anti-trans legislation in certain states (Movement Advancement Project).

8.3. INTERNATIONAL COLLABORATION

International collaboration among transgender advocacy groups is growing, facilitated by global conferences, digital forums, and networks like the International Lesbian, Gay, Bisexual, Trans and Intersex Association (ILGA). These collaborations enable the exchange of best practices, legal strategies, and research findings. For instance, Indian activists have drawn inspiration from U.S.-based litigation tactics, while American organizations have learned from India's cultural and community-based approaches to transgender advocacy (Reddy 255; Stryker 105).

Such cross-border alliances also serve to pressure international bodies like the United Nations to adopt inclusive policies and guidelines. India and the United States, as significant global actors, hold the potential to influence international norms on transgender rights. However, without consistent domestic implementation of inclusive policies, global advocacy efforts risk being seen as rhetorical rather than transformative (UNDP 24).

9. RECOMMENDATIONS

Based on the findings outlined above, several recommendations can be made to address violence, discrimination, and lack of legal protections faced by transgender communities in India and the United States:

1) Comprehensive Legal Reform

- India should amend the Transgender Persons (Protection of Rights) Act, 2019, to remove invasive requirements for gender identity verification and strengthen enforcement mechanisms.
- The United States should pass the Equality Act to ensure uniform protections in housing, healthcare, education, and public accommodations.

2) Policy Implementation and Training

- Both nations should mandate sensitivity training for law enforcement, healthcare providers, and educators to reduce discrimination and secondary victimization.
- Government agencies must allocate resources for the effective implementation of existing transgender-inclusive policies.

3) Healthcare Accessibility

- Ensure that public healthcare systems provide gender-affirming treatments, mental health services, and support groups.
- Establish guidelines for insurance coverage that includes hormone therapy and surgical procedures, removing financial barriers to care.

4) Educational Inclusion

- Develop inclusive curricula and anti-bullying policies that specifically address transgender issues.
- Provide scholarship opportunities and vocational training for transgender individuals to increase employment prospects.

5) Public Awareness and Media Representation

- Support media initiatives that accurately represent transgender experiences, combating harmful stereotypes.
- Encourage partnerships between government bodies, NGOs, and media outlets to launch public awareness campaigns.

6) Intersectional Approach

• Recognize that transgender individuals may also face discrimination based on caste, race, religion, or class. Policies and programs must address these overlapping vulnerabilities.

7) Community Empowerment

- Support community-based organizations with funding and capacity-building initiatives.
- Foster peer-led programs that encourage leadership and self-advocacy within transgender communities.

10. CONCLUSION

The violence, discrimination, and lack of legal protections that transgender communities face in India and the United States reflect deeply rooted societal biases and inadequate policy frameworks. Despite cultural differences and distinct legal systems, both countries exhibit similar patterns of marginalization, underscoring the universal nature of transphobia. Historical legacies—from colonial-era statutes in India to Puritanical gender norms in the United States—continue to shape contemporary experiences of transgender individuals.

However, progress is evident. Legal rulings like *NALSA* in India and *Bostock* in the United States mark significant milestones, expanding the scope of rights and protections. Grassroots activism, media representation, and international collaboration are reshaping public perceptions, fostering greater acceptance, and driving policy reforms. Yet, these advancements remain uneven and, at times, subject to political shifts that threaten to reverse hard-won gains.

Meaningful change necessitates a holistic approach. Legal recognition must be paired with effective implementation, robust enforcement, and sustained public education. Intersectional considerations are crucial to ensure that those at the margins—transgender individuals who also belong to marginalized racial, caste, or religious groups—are not left behind. Ultimately, the path to full equality involves dismantling long-standing prejudices and building institutions that affirm and protect the dignity of transgender people.

By acknowledging the parallels and differences in the Indian and American contexts, policymakers, activists, and scholars can better coordinate efforts to promote transgender rights. Such coordination can lead to more comprehensive reforms, not only within these two nations but also on the global stage. With continued advocacy and collaboration, it is possible to envision a future where transgender individuals in both India and the United States can live without fear, discrimination, or legal insecurity.

CONFLICT OF INTERESTS

None.

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