

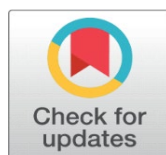
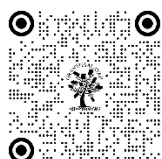


METHODICAL APPROACHES TO ABSTRACT PAINTING: INSIGHTS FROM ABHIJIT PATHAK

Dr. Tikendra Kumar Sahu ¹  

¹ Associate Professor, School of Design and Visual Arts, Apeejay Styra University, Gurugram, Haryana, India



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Corresponding Author

Tikendra Kumar Sahu,
tikendra4sahu@gmail.com

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ABSTRACT

This research emphasises the manner in which Abhijit Pathak, an Indian artist, imbues his abstract paintings with energy through careful and precise techniques, capturing the profound essence of his thoughts. By analysing Pathak's creative process, the study endeavours to identify the strategies and methods he employs in his art. Through interviews with Pathak, this paper reveals his thought process and approach to painting, thereby providing invaluable insights into his art. He deploys a variety of materials and techniques to achieve the desired effect in his paintings, while his approach is marked by discipline and focus. This research illuminates the intricate interplay between cognitive processes, techniques, and outcomes in abstract painting, as observed through Pathak's artistic process. The findings affirm the value of Pathak's systematic approach as inspiration and guidance for other artists, empowering them to develop their unique visual language. His work exemplifies the importance of planning, preparation, and comprehensive knowledge of abstract painting methods and materials. By exploring Pathak's methodology, this paper aims to advance knowledge of abstract painting as a multifaceted and nuanced art form.

Keywords: Abhijit Pathak, Abstract Painting, Visual Language, Methodical Insights, Emotional Response, Artistic Process, Contemporary Art, Conceptualization

1. INTRODUCTION

In this exploration of the captivating world of abstract art, we delve into the profound insights and innovative techniques of the esteemed artist, Abhijit Pathak. Join us as we analyse the distinct elements that define his mesmerising creations and explore his artistic journey.

To begin, we take a glimpse into the life of Abhijit Pathak through a brief artist biography. Discover the origins of his artistic passion, the inspirations that have shaped his artistic vision, and the milestones that have led him to become a

prominent figure in the realm of abstract art. Venturing beyond the European boundaries of abstract art, we explore the concept of "Abstraction Beyond Europe." Unravel the diverse cultural influences and unique perspectives that have enriched Abhijit Pathak's artistry, transcending geographical boundaries and infusing his work with a universal appeal. Diving deeper into the artist's world, we examine the materials and methods he employs to bring his abstract visions to life. Gain valuable insights into his chosen mediums, tools, and techniques that form the backbone of his creative process, allowing his ideas to take shape on the canvas. Texture, colour, and composition form the heart and soul of abstract art. In our next section, "Description of Textures, Colours, and Composition," we explore the intricacies of Pathak's artistic expression. Uncover the significance of his unique application of texture, his masterful use of colours to evoke emotions, and the carefully orchestrated composition that guides the viewer through each artwork's enigmatic narrative.

Finally, we delve into "The Significance of the Artist." Beyond the canvas, discover the deeper meaning behind Abhijit Pathak's creations and how his artistic voice resonates with contemporary society. We reflect on the impact of his work, both culturally and emotionally, and the mark he creates on the world of abstract art. Participate in an observance of Abhijit Pathak's creativity and resourcefulness while gaining knowledge of the systematic processes that have influenced the field of abstract painting.

2. A BRIEF ARTIST BIOGRAPHY

Abhijit Pathak is a renowned Indian artist celebrated for his captivating abstract paintings. He was born in 1986 in Bihar, India, and exhibited a passion for art from a young age. Pathak pursued formal training in fine arts, receiving education at Banaras Hindu University and Jamia Millia Islamia in New Delhi and refining his skills under the guidance of Vivan Sundaram, an esteemed artist and mentor.

Pathak's artistic journey has been defined by an unwavering commitment to pushing the boundaries of abstract painting. With meticulous precision, he skilfully combines colors, textures, and forms to create visually striking artworks that exude vitality. His mesmerizing shapes and dynamic compositions invite viewers to explore deeper layers of meaning. Pathak believes that art has the power to evoke emotions, transcend language barriers, and convey complex ideas. Drawing inspiration from nature, emotions, and societal issues, he translates these influences into his abstract creations. His artworks strike a harmonious balance between spontaneity and deliberate control, resulting in expressive and visually captivating compositions.

Throughout his career, Pathak has exhibited his works in prestigious galleries and museums, earning recognition and acclaim. Collectors and art enthusiasts appreciate the depth, complexity, and technical finesse displayed in his paintings. As an artist, Abhijit Pathak continues to evolve and explore new avenues of expression within the realm of abstract art. His unwavering dedication to his craft, meticulous attention to detail, and ability to infuse vitality into his paintings have established him as a prominent figure in the contemporary art scene. Pathak's artistry serves as an inspiration for fellow artists and art enthusiasts alike, urging them to embrace the transformative power of abstract painting and engage with the limitless possibilities of artistic expression.

3. ABSTRACT BEYOND EUROPE

Abstract art is a visual style that doesn't aim to depict an accurate representation of reality. It focuses on shapes, colours, lines, and textures to create non-representational compositions conveying emotions, ideas, or concepts. Artists in this style simplify, distort, or eliminate references to the external world, emphasising expressive and aesthetic qualities. The movement traces back to the late 19th and early 20th centuries, when artists like Wassily Kandinsky and Piet Mondrian explored non-representational forms, breaking away from realistic depictions.

There are various approaches within abstract art, such as geometric abstraction, dominated by shapes and patterns, and lyrical abstraction, emphasising expressiveness. Abstract expressionism emerged in the mid-20th century with spontaneous brushwork and emotional expression. Abstract art allows subjective interpretation, inviting viewers to engage emotionally and intellectually, finding personal meanings. It celebrates visual elements and the artist's imagination, offering a wide range of creative possibilities beyond traditional representation. Abstract art transcends its association with European modernism and is present in artistic traditions worldwide. In India, abstract art departs from realism to express emotions, ideas, and spirituality through non-representational forms. It draws inspiration from Indian traditions like cave paintings, folk art, meditation, and yoga. Vibrant colours, intricate patterns, and symbolic motifs evoke energy and a connection with the divine. [Sehgal \(2017\)](#). "The significance of art emerges when it is contextualized and interpreted within a specific cultural framework. "By utilizing relevant examples, it demonstrates how a profound comprehension of cultural identity is crucial for a more profound appreciation and comprehension of artistic expressions."

Indian abstract artists have made notable contributions: S.H. Raza symbolised cosmic energy and unity with vibrant colours and geometric shapes in "Bindu" and "Saurashtra." V.S. Gaitonde created serene and introspective artworks with a skillful use of colour, texture, and space. Nasreen Mohamedi's captivating images inspire contemplation and meditation. Ram Kumar depicted emotional landscapes using simple forms, bold brushwork, and muted hues. Zarina Hashmi's minimalist works explore memory, displacement, and emotions through simple lines and shapes. Prabhakar Kolte's vibrant and symbolic abstract paintings delve into profound themes. Akbar Padamsee's abstract artworks explore philosophy and mythology with unique shapes. Krishna Reddy's abstract printmaking captures vitality through colour, texture, and shape. Tyeb Mehta's distinctive use of diagonal lines reflects human suffering and social conflict. Vivan Sundaram's "Modernism in Indian Art: The Progressive Artists' Group" (2012) explores abstract art within the context of Indian art. It delves into the pioneering efforts of the Progressive Artists' Group in shaping modernism and abstract expressions in Indian artistic practice, bridging Western modernist influences with their Indian roots. [Sundaram \(2012\)](#) These Indian examples illustrate how abstract art incorporates spirituality, philosophy, and social issues, conveying deeper meanings through diverse techniques and visual languages. [Kapur \(1992\)](#). "When Was Modernism" compares Indian and Western abstract art. Indian abstract artists infuse their works with spiritual and philosophical significance, inviting viewers to explore profound consciousness. Conversely, Western abstract art often emphasizes formal elements and aesthetics, offering a contrasting viewpoint."

Abstract art uses colour, texture, and form to convey meaning without recognisable figures or objects. Abhijit's early inspiration for abstraction was derived from his profound connection to his childhood observations of nature. Over time, he also developed a deep appreciation for Indian art, which influenced his aesthetic development further. In addition, the influence of Western art had a lasting effect on his psyche, influencing his artistic perspective and approach. Abstract painting has influenced the development of modern and contemporary art, serving as a tool for exploring an array of themes and emotions. Some artists adhere to a meticulous and structured approach to abstract painting, while others are drawn to spontaneity and chance. Still, others find a balance between the two, using careful planning and preparation to guide their work while keeping themselves open to unanticipated results and creative breakthroughs.

Kotnala (2017). Abstractionism is integral to Abhijit Pathak's approach to life. Mundane objects and surroundings can be viewed in multiple ways. A black circle on a white canvas may signify darkness, an ominous sign, tratak meditation, or even childhood memories of doodling on walls. The black circle on a white canvas represents darkness, mystery, and the depths of the subconscious, inviting exploration of concealed aspects of life and the human mind. It can also function as a warning sign, provoking vigilance, and caution. In tratak meditation, it serves as a focal point for concentration, nurturing inner tranquilly and self-awareness. It may also evoke childhood memories of creative play and unrestrained self-expression through doodling and sketching. These differed interpretations demonstrate the black circle's multifaceted significance and ability to evoke a variety of emotions and associations.

By embracing abstractionism, Abhijit Pathak encourages the exploration of such diverse interpretations, thereby nurturing a more profound connection to one's surroundings and allowing for a deeper understanding of the world.

Figure 1



Figure 1 Solitude 1 by Abhijit Pathak. [Charcoal Drawing, Pigment on Paper]. 47 x 33 Inches, 2021, Retrieved July 20, 2022, from Abhijit Pathak

Abhijit Pathak developed a distinctive set of methods and procedures for creating art. In [Figure 1](#), Abhijit drew with acrylic paint while leaving some space between the strokes; he then applied charcoal particles to paper, fixed the charcoal, and balanced the composition with pigment colour. By analysing his methodology and techniques, we can gain valuable insights into the creative process underlying abstract painting and how artists strive to transmute thoughts and emotions into visual expressions. [Pathak \(2023\)](#). Pathak aims to employ a variety of media, each of which has a unique degree of flexibility. He experiments with blending various elements to see how his ideas might be changed by doing so. He incorporates geographical and cultural inheritance using site-specific resources. On a single surface, various media transform into Harmonious entities. A painting gains a new dimension because of the medium's impact.

4. ARTIST'S MATERIALS AND METHODS

Abhijit Pathak, an accomplished artist renowned for his abstract paintings, employs methodical approaches that contribute to the depth and impact of his artistic creations. Exploring his materials and methods provides valuable insights into the meticulous process underlying Pathak's abstract paintings. Through a meticulous and experimental approach, Pathak creates artworks that exhibit a unique blend of precision and expressive spontaneity.

1) Materials:

Pathak embraces a diverse range of materials to bring his artistic vision to life. While he has worked with traditional mediums such as oil and watercolors, he also ventures into unconventional choices, including wood, pigment, fabric, and, more recently, foil and video creation. By embracing this wide array of materials, Pathak enhances the textures, colors, and visual elements in his abstract artworks, adding depth and dimension to his compositions.

The artist's quest involves perceiving society from diverse angles and engaging in daily experimentation with new artworks, deriving pleasure from the resulting aesthetic emotions. When selecting a medium, the artist encounters various challenges and considerations. They ponder over which medium best aligns with their intended message and visual concept.

The exploration they undertake in their artistic journey aims to unravel the essence of the aesthetic experience and convey a meaningful message. In this creative process, creating art becomes a spiritual endeavour, akin to prayer or worship. The medium is chosen as a conduit, with the artist's idea giving birth to the medium that best facilitates the expression of their vision. [Nair \(2017\)](#). Abhijit Pathak's abstract paintings display a profound grasp of mystical laws and the fragility of fragmentation. His woodworks meticulously weave stories from history and memory, while his brush and strokes create musical compositions ([Figure 2](#)) that produce vivid colorscapes holding secrets and memories.

Figure 2



Figure 2 Musical Notation-11 by Abhijit Pathak, [Mix Media Painting on Tarpaulin]. 48x60 Inches (2015), Retrieved July 20, 2022, From Abhijit Pathak

[Barthes \(1957\)](#). Let us imagine a scenario in prehistoric times where various stones were devised, enabling people to identify objects or locations through the medium of sound. By crafting tools from ordinary stones and imbuing them with the ability to produce specific sounds, a symbolic system emerges. This process involves the creation of signifiers, which are the sounds produced by the stones, and the signifieds, which are the objects or places being identified.

For instance, consider a specific stone tool that emits a high-pitched sound. Over time, this sound becomes associated with a particular type of animal. Thus, when people hear that distinct sound, they immediately understand its connection to the presence of that animal. In this example, the stone tool acts as the signifier, while the animal serves as the signified.

Applying this concept to the realm of art, when an artist endeavors to convey an idea, the medium they choose becomes a natural extension of that idea. The artist carefully selects a medium that can effectively communicate the intended meaning, just as the prehistoric inventors chose specific stones to represent specific objects or places. The medium, in this context, functions as a signifier, carrying the signified—the artistic idea or message the artist wishes to express. For instance, consider a contemporary artist who wishes to explore the theme of environmental degradation. They might choose to work with recycled materials, such as discarded plastic bottles, to create a sculpture. By utilizing this medium, the artist creates a symbolic connection between the material and the idea of environmental impact. The plastic bottles, in this case, serve as the signifier, while the environmental degradation represents the signified.

In summary, the statement emphasises the relationship between signs and signification by drawing on Roland Barthes's theories. Using the examples of prehistoric sound-producing stones and contemporary art, it illustrates how the selection of a medium is instrumental in communicating an artistic concept, thereby demonstrating the medium's natural extension as a signifier of the intended meaning.

2) Methods:

Pathak's methodical approach to abstract painting involves a careful and deliberate process. He begins by conceptualizing the core ideas or emotions he intends to express through his artwork. This initial stage often draws inspiration from personal experiences, observations, or philosophical concepts. Once the concept is established, Pathak meticulously plans the composition, taking into account factors such as balance, harmony, and visual impact. He explores various arrangements of shapes, lines, and colors, experimenting with different arrangements and configurations to achieve the desired visual effect.

Layering is a crucial technique employed by Pathak in his abstract paintings. By building up layers of paint, texture, or other materials, he adds depth and complexity to his artworks. The layering process allows for the interplay of different elements, creating a sense of depth, movement, and visual interest within the composition. Pathak also incorporates a sense of experimentation and intuition into his methodical approach. While he plans and executes his artworks with precision, he allows room for spontaneous and intuitive decisions during the creative process. This balance between structure and improvisation adds a dynamic and organic quality to his abstract paintings.

Abhijit's artistic creations involve a meticulous amalgamation of diverse layers and materials that hold pivotal significance in his creative process. In a manner akin to Abhijit's transition from a rural village to a bustling, cosmopolitan city, life encompasses a multitude of varied encounters and transformative phases. Each chapter of Abhijit's life has etched a discernible impression upon his psyche, giving rise to intricate layers of memories and experiences. [Langer \(1953\)](#). Thinking is a blend of instinct, personality, and society, entwined with language. While we can use language in novel ways, it's ultimately a social practice with a rich historical legacy. Our thoughts reflect society's influence, and language acts as a Mold for our perceptions. Although some experiences elude verbal expression, they're often mysterious and daunting.

In Abhijit's art, he incorporates different aspects of his life, and as he creates, these layers of experiences are unconsciously incorporated into his work, much like the layers created by throwing a stone into calm water. The source of his thoughts comes from the movement of the essential thoughts of all the events and memories in his life. In [Figure 3](#), Abhijit does not paint any specific narrative but rather paints his thoughts, which gradually come to life in the layers of his work. Living in India with its diverse cultures, environments, and people have inspired Abhijit to use mixed media, which allows him to incorporate various colors, forms, and textures in his art.

Figure 3



Figure 3 Untitled-B by Abhijit Pathak [Mix Media on Wood] (Triptych) 144x72 Inches (2015), Retrieved July 20, 2022, From Abhijit Pathak

Through his methodical approaches, Abhijit Pathak demonstrates a thoughtful and deliberate process in creating abstract art. His careful consideration of materials, composition, layering, and the interplay between structure and intuition contributes to the richness, depth, and expressive power of his artworks. Pathak's meticulous approach serves as an inspiration to fellow artists and art enthusiasts alike, offering valuable insights into the intricacies of abstract painting.

5. DESCRIPTION OF TEXTURES, COLORS, AND COMPOSITION

Abhijit Pathak, known for his methodical approaches to abstract painting, offers a precise and objective description of the textures, colors, and composition within his artworks. Through his meticulous analysis, the significance of these elements in conveying meaning and evoking emotional responses becomes evident. Furthermore, Pathak delves into the achievements and influences of his compositions, surpassing mere surface-level observations.

1) Textures:

Pathak's artworks exhibit a diverse range of textures carefully crafted through layering and material manipulation. From smooth, velvety surfaces to rough, textured areas, he employs various techniques to create tactile depth. Intricate brushwork, palette knife strokes, and mixed-media applications contribute to the textured nuances, inviting the viewer to engage with the artwork on a sensory level.

Pathak integrates tactile elements into his artworks through the systematic exploration of diverse textures, brushwork, scratching, and grinding techniques. By skillfully employing both precise and spontaneous brushstrokes, he develops surfaces characterised by their profound texture and dimension. His artistic creations exhibit a dynamic and expressive nature, which is a result of employing a wide range of brushstrokes. Additionally, Pathak skillfully combines unconventional media such as oil, acrylic, natural colours, and pigments on canvas, tapolium, or wood blocks and further enhances them with colour pencils to achieve a final outcome that exudes pastel-like qualities.

Pathak's technique in [Figure 4](#) consists of layering colours and textures to create the composition of the painting. This process of layering adds dimension and complexity to the work, allowing the viewer to interact with it on multiple levels. [Pathak \(2021\)](#). Music and the sounds of Pathak's surroundings have been a major influence in his creative process - perceiving, balancing the chaotic and the serene.

Figure 4



Figure 4 Symphony-15 by Abhijit Pathak, [Mix Media Painting on Tarpaulin]. 144x60 Inches (2015), Retrieved July 20, 2022, From Abhijit Pathak

Pathak's strategy also highlights the physical nature of the paint. Using a variety of pigments and textures, he provides the viewer with a tactile and visual experience. Pathak considers the paint's texture to be as important as its hue, and he employs a wide range of tools and techniques to accomplish a variety of effects. He employs pigment colours, fevicol, melamine, natural colours, a variety of printed fabrics, industrial paints, collage, markings, and prints to create layers, and he grinds the surface.

He prepares the canvas by patting printed fabrics and using stickers; then, using grinding tools or sandpaper, he removes the outer surface to expose the concealed portion, as an ancient structure reveals its age through its wall paints. [Pathak \(2023\)](#). In his artwork, Pathak incorporates aspects of historical sites that he finds intriguing. The natural process and it are similar. In the course of the work, every observation was made inadvertently. Pathak reveals his approaches, use of colors, textures, materials, planning and preparation process, and emphasis on intentional and meaningful choices.

2) Colours:

The colours employed by Pathak are essential components of his artistic expression. Vibrant hues, subtle tonal variations, and striking contrasts are meticulously chosen to evoke specific emotions and convey conceptual ideas. Warm tones may evoke feelings of energy and passion, while cooler shades may elicit calmness or introspection. Pathak's colour palette is purposefully selected to create harmonious or deliberately contrasting colour schemes, achieve colour interactions, and intensify the overall visual impact of his paintings. In accordance with the required subject of observation, he employed an array of symbolic isolations by employing dark colours and incorporating visual balance during the pandemic period.

His multifaceted interests in music and the fine arts have significantly influenced his artistic journey. While he initially explored both disciplines, he ultimately chose the fine arts as his professional path. This inclination towards music has led him to incorporate elements of musical notation and harmony within his artistic practise. Through the abstraction of musical concepts, Pathak embarks on a compelling exploration of his artistic expression, infusing his creations with a unique and captivating essence.

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Expressionistic Forms and Shapes The artworks of Pathak feature captivating forms and shapes that elicit a sense of motion, rhythm, and energy. He constructs and manipulates abstract forms with skill to create a visual language that expresses his artistic intentions and engages the viewer's visual perception.

3) Composition:

Pathak's compositional achievements demonstrate a meticulous and thoughtful arrangement of visual elements within his artworks. He masterfully balances positive and negative spaces, creating a sense of harmony, tension, or dynamic movement. His compositions may feature geometric shapes, organic forms, or a combination of both, strategically placed to guide the viewer's gaze and create a visual narrative. The layered surfaces add complexity and depth to the paintings, resulting in a multi-dimensional viewing experience.

[Makhoul & Morley \(2015\)](#). Art, design, and media reveal your cultural background. This can make one feel insignificant, but all ideas come from culture. Personality, upbringing, and uniqueness determine cultural influence selection. Like family members, certain parts may resonate more over time. This evolving relationship could direct one's chosen field. The confinement and marginalisation of art, design, and media by cultural labels undermine the transcendent nature of artists and designers. This devaluation can overlook their unique contributions and disregard the richness of cultural diversity. It is important to recognise that individuals cannot be solely defined by their cultural backgrounds. Artistic creations are enriched by complexity and influenced by various factors beyond culture. Cultural influences evolve over time, and individuals have the autonomy to select and combine elements based on their own interests and life experiences. While cultural heritage may play a role in career choices, it is crucial to avoid oversimplifying the intricate experiences and creative processes of individuals. To understand how culture influences creativity, we must appreciate the multifaceted forces that shape art. The building blocks of art involve basic elements that transform to create something greater. While these fundamentals are taught in school, it is up to us to determine their applicability in the present. By observing the

changes in our surroundings, we can discover new methods to use colour, line, and form.

Figure 5



Figure 5 Symphony-5 by Abhijit Pathak, [Mix Media Painting on Tarpaulin]. 222x96 Inches (2017), Retrieved July 20, 2022, From Abhijit Pathak

The canvas, like the sky, is a blank slate upon which the artist can arrange the building blocks of his or her craft in search of a harmonious whole. Education lays the foundation for composition, but it is through experimentation that we can develop a personal perspective and expand the possibilities of these elements. For Abhijit, his experiences and emotions inform the rhythmic lines and spaced dots in his compositions, resulting in a distinctive style. [Adams \(2018\)](#). Creativity distinguishes humans from the natural world, particularly in the arts. Unlike animals that build structures based on their genetic programming and the natural world, humans build with unique cultural and individual ideas. While mollusks carry their homes and spiders spin cocoons, these structures lack the depth and meaning of human creations. Stonehenge's circle of stones, for example, stands out from and is linked to the natural environment. Abstract art encourages viewers to find their own meanings and tell their own stories. Abhijit never sets out to explain anything specifically in his artwork because he thinks art, like music, ought to be left to interpretation. As an artist, he encourages people to interpret his work in their own way and is open to multiple interpretations. In [Figure 5](#), Pathak weaves together layers of torn fabrics, soil, and earthy textures to craft a multi-dimensional tapestry. His materials transport viewers to a spiritual world, where every thread holds a story. His art honors the intricate beauty of nature and human creativity. [Maddox \(1965\)](#)

In comparison to individuals in other professions, artists frequently exhibit distinctive cognitive characteristics and patterns of thought, according to research. Studies have shown, for instance, that artists possess elevated levels of divergent thinking, which entails generating multiple solutions to a problem and thinking unconventionally. This ability to think differently and creatively contributes to the unique manner in which artists express their ideas through their skills. Furthermore, research has investigated the connection between artists and their work. Some studies indicate that artists with a strong sense of identity and a strong personal connection to their artistic pursuits are more likely to experience a sense of fulfilment and authenticity in their work. This connection can be interpreted as a

reflection of Abhijit's belief that genuine artists express their ideas in a meaningful and original manner, based on their own experiences and perspectives.

Regarding the obligation of artists to reflect society, this idea is consistent with the broader conception of art as a medium for social commentary and cultural expression. Oftentimes, artistic creations are a reflection of the artist's environment, experiences, and the culture that has influenced them. Artists can cast light on various aspects of society, challenge societal norms, and provoke thought and discussion among viewers through their work. [Kleon \(2014\)](#). Rather than sticking to writing about what you know, the most valuable counsel is to pen down what brings you joy. Craft the type of narrative that resonates with your soul - the one that you yearn to immerse yourself in as a reader. The environment in which an artist lives influences their work in cultural, social, and geographical ways, and personal connection to their art is crucial for meaningful creative practice. To create authentic art, one must explore their roots and seek their true purpose in creating. The truth is the foundation of great works, and artists throughout history have used their art to reveal hidden truths and drive social and cultural change. [Shukla \(2023\)](#). Chitralok is a space with signs of dry rivers and lost paths. It holds memories and apprehensions after storms. Strings connect generations, and there are many images and lights. There's always more to explore and discover.

4) Influences:

Pathak's compositions are influenced by a myriad of factors, including his cultural heritage, personal experiences, and explorations of various artistic traditions. He draws inspiration from diverse sources, such as Indian folklore, spirituality, and the natural world. These influences infuse his compositions with layers of meaning, transcending the purely visual aspects and inviting viewers to delve deeper into the narrative and conceptual realms of his artworks.

When contemplating the essence of a tree, it may seem like a dive into the abstract realm. However, Abhijit's sketches of trees in 2006 were not created with that intention. By examining a particular section of a tree, he discovered a range of textures and colors, resulting in sketches that resembled postal circulars or showcased a variety of shades.

At the advice of his teacher, Abhijit studied the works of several Indian abstract painters, and he was particularly drawn to Rajendra Dhawan's landscapes and S. H. Raza's geometric designs. These discoveries led Abhijit to understand the power of visual language and abstraction in transforming his work. [Weiland \(2015\)](#). Max Ernst, Fernand Leger, and Wassily Kandinsky found connection to the physical world through discovery of unseen forms. Russian artist Pavel Filonov believed in revealing self-sufficient artistic forms that developed on their own, similar to cells in nature. His principle of madness stressed making visible their self-revelation. Filonov's "Cell" exemplifies this, evolving into complex structures revealing the living fabric of nature.

In the realm of creativity, there are universal elements, such as drawing, and a plethora of materials to choose from, including woodcut, paper pulp, and charcoal. Abhijit, however, has experimented with fabric textures and unconventional additives like melamine-fevicol on paper surfaces. His artistic process involves a visual dialogue that flows naturally between forms and mediums. [Roger \(1974\)](#). The experience of art, unlike the experience of natural beauty, involves understanding.

Although we can appreciate natural beauty without understanding, knowing the natural processes, environmental context, and cultural meanings can enhance our experience. However, understanding art is more complex because it reflects and

transforms the natural world and challenges us to reflect and transform ourselves. [Pathak \(2023\)](#) discusses the substantial shift from two-dimensional to three-dimensional expression, which presents a notable transition yielding fresh prospects. The art of sculpting permits the exploration of multiple perspectives and fosters tactile interaction. By employing form, space, and composition, the artist can captivate the audience in a distinct manner, integrating influences from anthropology and ancient texts to ensure the relevance of their artistic expression in contemporary times.

Abhijit, a firm believer in the significance of an artist's work reflecting the diverse influences in their life, also emphasises the thoughtful selection of a medium to effectively convey their artistic vision. Throughout his career, Abhijit has fearlessly ventured into exploring various mediums, ranging from traditional ones like oil and watercolours to unconventional choices like wood, pigment, fabric, and, currently, foil and video creation. This constant exploration showcases his dedication to the creative process and his eagerness to push artistic boundaries. Each medium holds immense importance for Abhijit, as he meticulously chooses it to ensure the utmost precision and impact in conveying his artistic message.

Echoing Swami Brahmanda's wisdom, Abhijit recognises the nourishment of the mind as a vital aspect of personal growth and enrichment. He perceives it as akin to the act of providing a cow with nourishing food to obtain abundant and rich milk. [Satprakashananda \(1994\)](#) By actively feeding the mind with intellectual and emotional experiences, Abhijit believes one can attain profound qualities such as peace, wisdom, strength, and joy. Therefore, he strives to constantly nourish his own mind, allowing it to flourish and reflect in his artistic expressions. Abhijit's belief in reflecting influences and thoughtfully selecting a medium aligns with his dedication to the creative process. Additionally, Swami Brahmanda's perspective on nourishing the mind resonates with Abhijit's approach, as he understands the importance of intellectual and emotional nourishment for personal growth and the manifestation of profound qualities in artistic endeavours.

Pathak frequently employs layering techniques when constructing his paintings. This technique involves applying multiple layers of paint, allowing glimpses of colours and shapes beneath to emerge. Transparency and opacity interact to lend complexity and depth to his compositions.

5) Conceptual Depth:

Pathak's artistic approach extends beyond the realm of the purely visual. His paintings frequently delve into philosophical, emotional, and societal themes, showcasing conceptual profundity. Seamlessly integrating his thoughts and ideas into the visual language of his artworks, he encourages viewers to contemplate and interpret the deeper meanings embedded within the compositions. Drawing inspiration from nature, culture, monumental sites, and people, Pathak captures the dynamic movements of winds, the structural intricacies of leaves and flowers, the various seasonal transformations of a tree, and the ever-changing reflections of water and fields. These experiences predominantly originate from his childhood in his village, before he pursued formal academic education and familiarised himself with the concept of abstraction.

Pathak's distinctive composition and approach to painting demonstrate his technical mastery and capacity to effectively communicate his artistic vision. Through his careful arrangement of elements, deft use of colour, and conceptual profundity, he creates works of art that captivate viewers and invite them to experience his unique artistic world.

[Hanh \(2019\)](#). In many ways, individual consciousness is made of collective consciousness, and collective consciousness is made of individual consciousness. It is our consciousness that designs our world. Abhijit's perspective on composition revolves around nature, which he views as a conversation between the artist and the elements. The same way we experience the Sun differently every day, even though it rises in the east and sets in the west, the elements in a painting undergo transformations while the basic elements remain unchanged. In academic settings, artists are taught the significance of color, line, and point, but it is up to the artist to apply these concepts in a relevant way for their era. Like the changing sky, art also changes with time and must adapt to convey the artist's intended message. [Pathak \(2020\)](#). The latest series of work uses earthy tones and deep lines to reflect emotions and experiences, while new textures signify the state of the mind. The focus is on the mental and psychological aspects of individuals and groups, as different facets of the mental state impact our decisions, life, and interactions. Every day, Abhijit dedicated an hour to capturing photographs of the ever-shifting colors of the clouds from his rooftop, noticing how the fundamental elements remained constant while the hues transformed. In a similar vein, the elements of painting—lines, forms, dots, and space—converge harmoniously, giving birth to a composition. The notion of space within a painting can be likened to the expansive sky, where celestial objects reside, never confined to the earthly realm. Just as the sky remains dynamic, a painting's composition should embrace fluidity and adaptability to its context, mirroring the ever-changing nature of its surroundings. [Weiland \(2015\)](#). In Suprematism, the artist's relationship with nature was complex. While nature was deemed unsuitable as a subject matter for art as it impeded pure creation, the paintings themselves were seen as living beings containing living forms. The creative process was believed to be similar to natural processes of change, and every Suprematist form was considered a living entity embodying energies that could create a new reality and nature. An appropriate example to illustrate the statement would be the works of Kazimir Malevich, a renowned Russian Suprematist artist. Malevich's painting "Black Square" is often regarded as a seminal piece in the Suprematist movement. Despite its seemingly simple composition of a black square on a white background, Malevich believed that this abstract form held immense creative potential and embodied a living entity.

Malevich considered his Suprematist compositions as living beings with their own inherent energy. He believed that these forms could transcend the limitations of representational art and create a new reality and nature. By rejecting traditional subject matter and focusing on abstract geometric shapes, Malevich sought to convey a sense of spiritual and metaphysical dimensions through his artwork. The "Black Square" can be seen as an example of how Suprematist paintings were considered living entities that embodied transformative energies. Malevich's approach challenged conventional notions of art and nature, emphasizing the idea that artistic creation could parallel the natural processes of change and have the power to shape a new reality.

Abhijit Pathak's methodical approaches to abstract painting involve a meticulous analysis of textures, colors, and composition. By focusing on these elements, he effectively conveys meaning and invokes emotional responses in viewers. Furthermore, his thoughtful exploration of composition achievements and influences showcases the depth and complexity inherent in his artistic practice, elevating his abstract paintings beyond mere visual observations.

6. FUTURE RESEARCH ON METHODOLOGICAL APPROACHES

Carl Andre states- "A man climbs a mountain because it is there. An artist makes a work of art because it is not there." [Marzona, \(2004\)](#)

The world of abstract painting is constantly evolving, and Abhijit Pathak's work has opened up new directions for future research in this field. Here are some potential areas of exploration:

Incorporating different materials in abstract painting: Pushing the boundaries of traditional abstract painting, Pathak ventures into uncharted territory by incorporating unconventional materials such as sand, fabric, industrial materials, and paints. Exploring this uncharted artistic territory has the potential to unlock new dimensions of creativity and provide valuable insights for artists seeking to expand the possibilities of their own artistic expressions.

Merging abstract painting with other art forms: Abstract painting often intersects with sculpture or installation art. Future research could investigate how abstract painting can be integrated with other art forms to create multi-dimensional works that push traditional boundaries.

Culture's influence on abstract painting: Pathak's work draws from his Indian heritage, and future research could explore how different cultural backgrounds impact abstract painting.

The creative process of abstract painting: While Pathak's work provides insights into his own creative process, future research could analyze the ways in which artists approach the canvas and make decisions about color, form, and composition in abstract painting.

These avenues offer exciting opportunities for further research and investigation into methodological approaches to abstract painting. There are undoubtedly many other possibilities for exploration as well. [Gheorghe \(2009\)](#). Artistic researchers blend artistic thinking and knowledge production in a dynamic two-line analysis. This experimental method uncovers unexpected perspectives by intertwining these domains, leading to a constant stream of new ideas. Unlike conventional knowledge production, artistic research embraces a non-philosophical approach to aesthetics, challenging established frameworks. Deleuze contends that artistic thinking is inherently transformative, defying conventional boundaries.

7. FINDINGS

The methodological approach employed by Abhijit Pathak in abstract painting is a harmonious blend of discipline and creativity. His approach entails a balance between thoughtful, purposeful decisions and spur-of-the-moment, intuitive choices, resulting in artworks that are both calculated and spontaneous. The artist's selection of color, texture, and materials is influenced by a variety of factors, including personal experiences, cultural heritage, and the environment. Pathak's planning and preparation process involves the translation of a concept into a visual representation, with meticulous attention paid to the overall composition and aesthetic of the artwork.

Over time, Pathak's approach to abstract painting has evolved, with significant changes and adaptations made to his process as he continues to experiment with new techniques and materials. The evaluation of his work is based on several criteria, such as its ability to express an idea or emotion, its technical proficiency, and its overall impact. The research paper concludes by underscoring the

importance of adopting a systematic approach to abstract painting and highlighting the need to maintain a harmonious equilibrium between structure, discipline, creativity, and intuition.

His methodology offers a framework for exploring the possibilities of abstract painting and expands our understanding of the artistic choices, intentionality, and artistic vision that underlie abstract artworks.

Exploration of abstract painting as a multifaceted and nuanced art form:

Through the exploration of Pathak's methodology, this research aims to shed light on the multifaceted and nuanced nature of abstract painting. It recognizes abstract art as a diverse and dynamic art form that encompasses a range of styles, techniques, and approaches. By delving into Pathak's artistic process and examining the complexities of abstract painting, we gain a deeper understanding of its expressive potential, conceptual depth, and aesthetic possibilities. This exploration encourages a broader appreciation for the intricacies and diversity of abstract art, fostering a more comprehensive understanding of its significance within the broader art world.

Implications for future research and study in the field of abstract painting:

The insights gained from studying Pathak's methodology have implications for future research and study in the field of abstract painting. This research serves as a stepping stone for further exploration of the techniques, approaches, and artistic philosophies within abstract art. It paves the way for investigations into other artists, their methodologies, and their contributions to the development and evolution of abstract painting. Additionally, it opens avenues for examining the connections between abstract art and other artistic disciplines, such as psychology, philosophy, and aesthetics. The implications of this research extend beyond the individual artist and provide a foundation for future scholarly investigations and artistic practice in the realm of abstract painting.

By advancing knowledge of abstract painting through the exploration of Pathak's methodology, this research enriches our understanding of the art form, highlights its artistic significance, and encourages further exploration and research within the field. It contributes to the ongoing dialogue and appreciation of abstract art, fostering a deeper understanding of its complexities and expanding the boundaries of artistic exploration and expression. Studying Pathak's methodology provides valuable insights and inspiration for artists seeking to expand their artistic horizons and develop their own distinctive visual language.

8. CONCLUSION

As we conclude our exploration of Abhijit Pathak's methodical approaches to abstract painting, it's crucial to recognise the profound impact of the artist and his work. Beyond admiring his technical skills, Pathak's art offers a unique perspective that delves into consciousness, complex emotions, and ideas. His meticulous and experimental approach, blending precision and spontaneity, showcases dedication and discipline in each artwork. Pathak's distinctive voice enriches the art world with thought-provoking and introspective creations, adding to the diverse tapestry of artistic expression. In today's art world, where innovation is celebrated, Pathak's careful consideration of textures, colours, and personal experiences stands out as a relevant and boundary-pushing endeavour in abstract painting. Pathak's artistic approach encourages artists to develop their own distinctive visual language, influenced by his methodology. By studying his techniques, strategies, and thought processes, artists can gain a deeper understanding of the possibilities within

abstract painting and find inspiration to forge their own artistic paths. Pathak's emphasis on experimentation, exploration, and the intentional use of color, texture, and form can serve as a foundation for artists to develop their unique style and artistic voice. Through a deep exploration of his methodology, artists can find guidance in honing their skills, expanding their artistic horizons, and cultivating their own signature approaches to abstract painting.

Engaging with Abhijit Pathak's art allows viewers to embark on a journey of introspection, expand their understanding of abstract painting, and embrace the dynamic landscape of contemporary art. His work holds significance not only for its technical excellence but also for the profound artistic contributions it brings to the table. In essence, "Insights from Abhijit Pathak: Methodical Approaches to Abstract Painting" paper illuminates the artist's meticulous techniques for creating abstract paintings. With a fusion of deliberate planning and impromptu inventiveness, Pathak conjures up pieces that captivate the eye and stimulate the mind. The research suggests that Pathak's approach to abstract painting is a careful balance between structure and intuition, and is influenced by personal experiences, cultural heritage, and the environment. The artist's selection of colors, textures, and materials is also driven by an understanding of their symbolic meanings and emotional associations. Over time, Pathak's approach to abstract painting has evolved, with changes and adaptations made to his process as he explores new techniques and materials. The artist's work is evaluated based on a variety of criteria, including its ability to convey emotion or concept, its technical execution, and its overall impact. The research paper concludes by underscoring the importance of developing a methodical approach to abstract painting, and the value of striking a balance between structure and discipline with creativity and intuition. Pathak's insights and techniques offer valuable guidance for other artists interested in developing their own methodical approach to abstract painting and contribute to the ongoing evolution of the field.

CONFLICT OF INTERESTS

None.

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None.

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